

ROOTS & SPROUTS

Faith in Bloom: Growing, Thriving, Serving - Together in Christ

June 2026



Victoria Day Events

These pictures were taken of our teens and young adults group at the movie day at King St. on Victoria Day. We had a lot of fun including games, a movie, dance, and food. Brian looked after driving the teens to and from home. Sifa organized the movie and some games. It was enjoyed by all and we had two new friends of Sifa's join us, Sowmya and FJ.

Submitted by Alvey



Mission

To awaken the Christ light in each other and shine it in the world

Bedrock Beliefs

Through Jesus Christ our Saviour, we believe:
God's Love: Unconditional
God's Power: Miraculous
God's Vision: Peace
God's Grace: Forgiveness
God's Assurance: Hope
God's Ways: Mysterious
God's Help Line: Prayer
God's Promise: We Are Not Alone
God's Hands: Us!

Core Values

Offer friendship and fellowship to all
Joyfully engage in regular spiritual practice
Uphold honesty and integrity
Reach out and serve others with kindness
Care for the earth and all creation
Give generously of our time and talent
Seek and give forgiveness
Embrace diversity
Speak out for justice

NOTICES/UPDATES



We wish everyone with a birthday in the summer a most blessed celebration.
Congregational Life Team

Happy Birthday to those born in May.



Time, Talent & Treasure Auction

The Handy Brians, Steves, Sams & Daves
Indoor or Outdoor Help at your Home

"God gave us time, talent and treasure and asked us to share them."

We will help move your furniture, downsize, do yard work, clean or paint! Try us out!

Minimum Bid/ Donation:
\$10 Per hour / Per helper

Contact:
Brian Hershey
519-658-6405



Volunteers Requested

The Congregational Life Team requests volunteers for Sunday Morning Snack Time before and after the church service. There is a sign-up sheet on the bulletin board inside the kitchen beside the door on the left. Also, the role of the volunteer is posted on the white fridge and on the warming door in the kitchen.

This time of fellowship shared is greatly enjoyed by everyone and appreciated by all. Remember you are never alone in the kitchen as this is a team effort. Contact Joanne Sarkisian 519-653-3955 if you have further questions or simply use the sign-up sheet in the kitchen.



Office Summer Hours

With summer upon us the office will be shifting to a different schedule. The office will be open on Tuesday, 10-3, Wednesday, 11-4, Thursday, 10-3. Jo-Anne will be working her usual 15 hours per week. Mandy, our bookkeeper will be coming in early on Wednesday mornings. These hours are in effect until the end of September.

As usual you can email or call the office if you have any questions.

Brian Hershey is collecting Broadview magazines to donate to prisons. You can drop them off at the church or give them to Brian directly.

*Address labels must be removed. Thank you.



Some of our Spring Luncheon volunteers are shown above.



Some of the young people from Trillium enjoying roller skating together.



Thank You to everyone who supported, in many ways, our semi-annual UCW Luncheon. We are \$2,000 richer and an upcoming meeting will decide where we can help in our church and community.

We are hitting the fifty year mark for UCW lunches. With only a few missed during Covid, I'd say we are doing extremely well.

Any women who would like to join us, we meet the third Thursday of the month. Changes can happen, so check with one of our members or contact the office.

Submitted by Linda Klassen

Progressive Euchre

Saturday, June 20, 2026

Trillium United Church,
450 King St E, Cambridge

1 pm start time Cost \$10.

Includes snacks

Proceeds to Guatemala Mission
(smokeless stoves, school supplies, footwear)
For more info, contact Trillium United Church
519-653-6601



FREE Exercise Classes - All Welcome

Wednesdays and Fridays

Classes start at 1:00pm

Arrive a little early to get your spot.

No experience necessary, no registration required.

Seated options and standing balance to reduce falls.

Wear exercise shoes and bring water.



Trillium United Church
450 King St. E., Preston
Across from the library

Blessing Bag Ministry

Our Blessing Bags need your continued support.

With Summer upon us we can use baseball caps, socks and sunscreen .



We continue to require travel-sized personal hygiene items, lip balm, conditioner, protein bars, individual packages of raisins, nuts or cookies along with crackers, bandages, wipes, and hand sanitizer to fill the bags.

A big **THANK YOU** for all the donations to the **Blessing Bags**.

Please take some bags and hand them out.



Call as needed:

Earlene Peshnak 519-222-6741

Joanne Sarkisian 519-653-3955

Brian Hershey 519-658-6405

Sandra Daoust 519-219-0381

Harold Matthews 519-653-1286

Jim Graham 519-650-2103

Paul Reeve 519-823-9623

Interested in joining our prayer team? Call one of our members for information.

AGES 18-35 - WELCOME

**YOUTH
IGNITE**



The 2nd & 4th Sunday
following
Coffee/Social Time

Add to your calendar
Join us for singing, sharing, food, fellowship



OFFICE@TRILLIUMCHURCH.CA



Generosity



Continuing with our series on Legacy, or Planned, Giving, we will look at Endowments in this month's article.

An endowment fund is a long-term investment fund held by a Canadian registered charity. The original donation — called the principal — is preserved indefinitely, while the investment income it earns is used to fund charitable activities. A useful way to think about it: an endowment is a "savings account for a cause." The original gift stays intact. The interest, dividends, or investment returns it generates are what the charity actually spends. Endowments are governed by trust law and must comply with Canada Revenue Agency (CRA) disbursement quota requirements. *B.I.G. Charity Law Group website*

Trillium currently has 3 endowment/legacy funds:

1. Seniors Fund - left by George Hipel to help seniors stay in their homes
2. Henderson Window Fund - left by the Hendersons to finish the last stained glass window in the sanctuary
3. Robertson Education Fund - left by Shirley Robertson in memory of her husband, Bruce Robertson, to help with youth education expenses

Benefits of an endowment fund

- Immediate tax credits of up to \$.40 on the dollar depending on the amount of the principal endowment.
- The opportunity to align your family name with a cause important to you.
- Protected from any creditors against the church.

-continued over-



Scripture teaches us about generosity, trust and legacy:
“Honor the Lord with your wealth, with the firstfruits of all your crops.” – Proverbs 3:9
“For I testify that they gave as much as they were able, and even beyond their ability. Entirely on their own.” – 2 Corinthians 8:3
“One generation shall commend your works to another, and shall declare your mighty acts.” – Psalm 145:4
 If you decide to leave a gift to Trillium, we encourage you to speak with your financial advisor/lawyer about how to make the most of Canada’s generous tax incentives.

A question for reflection until the next issue:

How would you like to be remembered? Have you shared your plans with family or friends? Are there people or organizations you trust to carry out your wishes? Are they aware of your intentions? Communicating your plans in advance can bring clarity and peace to those you leave behind. Take time to reflect on what matters most and the impact you hope to have.

General (Core) Fund April 2026				
2026	Goal	Difference	2025	Difference
\$47,695	\$59,300	-\$11,605	\$41,324	\$6,371

April Year to Date (YTD) totals are short of our goal but up from last year, so thank you to all who increased your contributions this year. The Faith in Bloom Step Up Campaign is slowly building and should make up for this shortfall. Thank you for your continuing generosity. Please see this spot in future Roots & Sprouts for updated monthly generosity information.


Lots to do on Canada Day

There is lots happening on July 1 in Preston this year. The Preston Farmers Market opens for the first day of the season, and the annual Canada Day Parade will start at Bishop Street and go down King Street, heading towards Eagle Street at 11 a.m.

Stone Church Bookstore will hold a big sale and will open at 10 a.m. and stay open until the parade is over. The store has a great selection of books on offer and readers will be able to stock up and take advantage of the special prices for the day. Buy two books and get a third one free.

Stop by for a free freezie!

CANADA DAY PARADE




BIG BOOK SALE

Wednesday, July 1

10 a.m. to 1 p.m.

Stone Church Bookstore
 450 King St. E. Preston. (Across from the library)
 Great books for all ages, Buy 2 get 1 FREE!

Stop by for a free freezie!



Faith in Bloom

trillium
United Church

Let's show our support
for Trillium by emptying
the Step-Up Board



Blessing of the Quilts Sunday was a successful event in May. We had a wonderful turn out with lots of people celebrating our Knotter's who do a fabulous job on the quilts. Thanks to all our volunteers who prepared, served and cleaned up the food after the service!

The quilts have been delivered to the many grateful recipients .



Sanctuary Renovation

On Sunday, May 24 a congregational meeting was held to hear a proposal for the renovation of the front of the sanctuary. The current front of the sanctuary was last renovated over 70 years ago, in the 1950s. Things have changed a lot since then in the way we present our church services. The advent of technology is probably the biggest change. Over the last couple of decades we have made technological updates here and there, but with no coordinated plan. In the past 70+ years, the platform itself has deteriorated some and is unsafe in places. And finally, it is not accessible for those with mobility issues.

The renovation of the front of the sanctuary has been a project long discussed since the three churches amalgamated, but other projects have taken priority over the years. We are in a good position now to seriously consider this project for 2027.

The generosity team has broken the project into four phases and attached costing to each.

Phase 1 has been completed. This phase was for a new projector and as the old projector was on its last legs, we decided to go ahead sooner rather than later on this part of the project. We received a Upfund grant from the United Church which paid for a good portion of this cost.

Phase 2 is for the platform construction itself and is priced at about \$63,000 including \$15,000 for a wheelchair ramp which will help those with mobility issues access the platform to participate in worship services in a very different way than they have in the past.

Phase 3 is for the audiovisual installation at the cost of about \$26,500. This includes a new screen which is needed to update the size and shape of the screen to accommodate new digital presentation parameters. It also includes updated wiring, and hanging the projector from the ceiling.

Phase 4 is for lighting at a cost of about \$29,000. This includes new lighting of the front of the church as well as updated wiring.

Total of all phases including a contingency fund is \$132,000, minus the Phase 1 cost of \$14,000 brings the final remaining total to \$118,000.

The good news is we were able to apply for a capital grant and received \$56,000 in funds for the project. Along with some funds that have already been raised for this project over the last few years we already have \$73,000 for the project. Without any official fundraising, we are about 2/3 of the way to the total cost of this project! And that's not all! We have applied for an Ontario government accessibility grant for \$15,000 to pay for the construction of the ramp. **Oh, but there's more!** We are going to apply for another Upfund grant for \$10,000. Although there is no guarantee that we will get either grant, the possibility is very encouraging.

So what does that mean for us as a congregation and the fundraising that we need to do? It means we will need to raise somewhere between \$20,000 and \$45,000!

Council has reviewed the plans and discussed the costs in detail. We have reviewed the pros and cons of this project, and are fully in favour of proceeding.

When presented with this information on Sunday, those who attended the meeting voted overwhelmingly in favour of proceeding with the project. The final vote was 51 to 2 in favour.

There will be an ad hoc platform management team to manage the details of the project moving forward in consultation with the congregation. If you are interested in being part of this team, please contact the office.

Submitted by Pam Noël, Chair of Generosity



Cambridge Food Bank

Mobile Food Market

Fresh Produce Baskets in Your Neighbourhood Every Week!

PAYING WHAT YOU CAN HELPS OTHERS AFFORD GREAT FOOD

Subsidized Rate \$10 Suggested Price \$10+

Weekly basket preview 

    @Cambfoodbank

trillium
United Church



450 King St East
Tuesdays from 5:00 pm - 6:00 pm

Everyone is Welcome



Community Support Connections

In Person Monthly Caregiver Support Sessions

First Tuesday of the month:
1:00 - 3:00
Trillium United Church
450 King St E
Cambridge

To register, or for more information please contact:
Holly Williamson 519-503-8155
or
Kallie Doak 519-239-0874
caregiver@cscmow.org

Share caregiver challenges and joys, Learn about self care and much more



Since November 2022, Trillium has hosted the Mobile Food Market, a program offered by the Cambridge Food Bank.

While retail grocery store prices continue to be high, having access to affordable fresh produce is important for many people in our community. By shopping at the Mobile Food Market, you can save 30-40% off retail pricing on a basket of fresh produce.

Baskets are \$10 each. If your basic needs are at risk, you may pay a minimum fee per basket, which is \$5.00 or more.

Everyone is welcome. You can support the program by paying more than the suggested price.

The market runs every Tuesday from 5 to 6pm. Volunteers are essential to the program and several Trillium members have willingly given their time. If you wish to volunteer to help at the Mobile Food Market, please contact Wanda Brain.



F.R.O.G.

FULLY RELY ON GOD

GAMES

THE SECOND & FOURTH WEDNESDAY
6:00 - 7:30PM

GAMES-FRIENDS-FUN-CRAFTS

FREE



450 KING ST. EAST
CAMBRIDGE, ON

You're invited to

Volunteer Appreciation & Church Picnic

Central Park, King Street, Preston
12 noon

Sunday, June 14, 2026

BRING:
POTLUCK ITEM TO SHARE
Plates/cutlery/cups
Lawn chairs/picnic blankets/sunhats

Let's spend some quality time together, share stories, and create beautiful memories.

 Queries Call Sally @ 519-546-4849



Some of Trillium's younger congregants enjoying their time together.



Youth Ignite gathers the 2nd and 4th Sundays of the month following coffee/social time in the Trillium Room. If you are between the ages of 18-35 please join in.

F.R.O.G. GAMES

JULY & AUGUST

FREE

**EVERY WEDNESDAY
6 PM TO 7:30 PM**

450 KING ST. EAST,
PRESTON



Adult Spiritual Growth

Adult Spiritual Growth Team

Alpha@Trillium

Alpha might be the most attended course on Christian faith worldwide.



Alpha is the primary spiritual growth program at Trillium, with spring and fall courses offered.

The spring 2026 Alpha course wrapped up on Tuesday, June 2 with a Pot Luck meal and the final video/discussion: *What about the Church?* The Spring course guests were an enthusiastic group who made it a joy for the Leader Team.

Alpha is possible because of the dedication of the Leader Team and Support Volunteers.

Trillium's Alpha Leader Team organizes each session, recruits volunteer cooks, manages the kitchen and supplies, handles video technology, hosts group discussion, and sets up the space. Leader team: Sally White, Ruth Thompson, Sam Ordon, Bobbi Stewart, Dawn Sebastian, and Crystal Verhagen.

Support volunteers are critical to the success of the course. Each week a different cook makes a delicious soup meal, helps in the kitchen, greets guests at the door, and cleans up after the session. Many thanks to our loyal support volunteers!

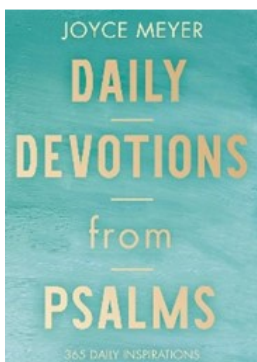
Please give prayerful consideration to ways you can offer your time and talents for this important program that makes a difference in the faith journey of those who attend.

The next adult Alpha course runs Tuesday, September 29 to Tuesday, December 8 plus the Holy Spirit Retreat on November 13 (evening) and November 14. Please contact Ruth Thompson for more information.

Psalm Study Group

This ongoing study group meets weekly to discuss Joyce Meyer's *Daily Devotions with Psalms* that progresses through all 594 Psalms. At each session, the group reads and reflects on two to three psalms and Meyer's daily devotions related to those psalms.

Newcomers are welcome to join at any time. The group meets every Thursday from 4:45 to 6 pm at Trillium. Please contact Ruth Thompson for details.



Health and Wellness Team

May Events

Personal Care Clinic at Trillium on May 6. Seven people had Therapeutic Foot Care and six people had Haircuts. Participants made offerings on a pay-as-you-can basis. Diane Mennegatto was present to offer Wellness Checks to participants.



June Events

Personal Care Clinic at 565 Margaret Street on June 3: Foot Care, Haircuts and Massage

DONATIONS! to support Personal Care Clinics

Trillium received a community donation of \$2400 to support clinics held at the buildings managed by Satellite Community Homes.

Many thanks to UCW for the donation of \$500, some proceeds from their Spring Luncheon.

THANK YOU VOLUNTEERS! Personal Care Clinics are organized and managed by volunteers—scheduling appointments, setup/transportation of supplies, greeting guests at the door, welcoming and socializing, and preparing refreshments.

For information about the Health and Wellness Team or to get involved as a volunteer with Personal Care Clinics, please contact Ruth Thompson or Sally White.

Health and Wellness Mission: To support and promote the physical, emotional, and spiritual well-being of our Trillium family and neighbouring community.

Health and Wellness Vision: Create a community of whole-person wellness at Trillium and in the neighbouring community, through growing and serving together in Christ.

Team members: Naomi Ferguson, Brian Hershey, Alvey Saji, Ruth Thompson, and Sally White, Parish Nurse

Parish Nursing @ Trillium

What do you know about ACT? Agape Connection Team?

In the summer of 2023 Pastor Mark led the previous Pastoral Care Team in an exciting new and different direction!

Previously this team had been responsible for the connection with those in our community that appeared to be in need of extra care due to isolation, illness, bereavement and other challenging circumstances. The team members most often reached out personally to those in need of connection.

ACT continues to contribute to the care of the Trillium family, by **facilitating** and **encouraging** connection **BETWEEN congregation members**, rather than the connection being from ACT only. For example, Pastor Mark might call Susan and Melvin to call and connect with Joan (Joan is unwell) rather than Pastor Mark alone contacting Joan. Susan and Melvin might not have known that Joan was unwell and in this way Pastor Mark is **facilitating the care of the Trillium family BY the Trillium family**. ACT sees this as the most powerful way to guide Trillium family members to the center point of Trillium, Jesus Christ. (please remember that this is an example – Joan is not unwell!)

Over time the intention is for this process of connecting people to people will happen organically within Trillium.

The functioning of this team is guided by:

Foundation of ACT:

The centre point of Trillium is the Spirit of Jesus Christ

The Focus of ACT:

- Encourage the congregation in the care and nurturing of our Trillium Family.
- Facilitate the intentional care and nurturing of those who live in the outer circle of our Trillium Family.
- Discern people’s systems of support within the Trillium Family.
- Guide people to the center point of the life of Trillium.
- Keep the Trillium Directory up to date and make it available to the congregation at least once a year.

Trillium Parish Nurse – Sally White RN Cert in Parish Nurse Ministry
Confidential phone number: 519-653-6601 ext. 4 ~ Please call for an appointment
Email: trilliumparishnurse@gmail.com

- Are you outgoing and friendly?
- Do you have 15 minutes to spare on Sundays at church?
- Are you looking for an undemanding yet important volunteer opportunity?

WE NEED YOU!

Please contact Donna Bernard (Congregational Life Team) at 519-576-1538 for more information about volunteering at the **Welcome Table** after church on Sundays.



TRILLIUM CARING FOR TRILLIUM

At Trillium we say that we understand that we are God's hands in the world reaching out to serve others with kindness. Please will YOU THE CONGREGATION actively reach out to those who are experiencing challenging circumstances at present:

Carol Fleet – grieving due to the recent loss of her spouse

Donna Bernard – caring for her aging mom

Ruth Pratt – caring for son in Vancouver, who has a cancer diagnosis

Brian Potts – as he continues to adapt to life changes after losing his partner, Pauline and has a house move planned for July 2026

Don Creighton – adjusting to a whole new lifestyle – moving after 82-years to retirement living

YOU don't need to go through challenges on your own! There are lots of loving and compassionate people at Trillium who are willing to extend a hand of support to you.... YOU just have to ask. When you are experiencing adversity call someone in your Trillium family for help and support and let them share their love with you.

The Agape Connection Team (ACT) encourages the Trillium family to engage with the Trillium family on a deeper level.

ACT – Dini Coleman / Frances Briggs / Joanne Sarkisian / Pastor Mark Rutledge / Sally White (parish nurse) / Selma Webster / Wanda Brain



SILVER LAKE CAMP

Silver Lake Camp (in Kinloss, near Kincardine) still has spots open this summer for campers ages 6 to 18.

Visit <https://silverlakecamp.ca> for more information, and use the church discount code CPD2026 to save \$50 with online registration. Campers can choose between the main site and wilderness camps. Camp is a place to unplug, experience community, enjoy the outdoors, embark on new adventures, and discover Jesus and faith in refreshing ways. Camp is a place of renewal for all children and youth, with or without a church background.

Contact the camp directly if your campers require 1:1 assistance or if you want to inquire about volunteer or staff opportunities.

If you have any questions, you're welcome to reach out to Lance Wright: silver.lake.promotion@gmail.com.

Pastor Mark's Musings

Dear Friends,

I imagine that most of you know the Serenity Prayer. It goes like this.

*God, grant me the serenity to accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.*

The prayer begins with a call to God to grant the petitioner serenity, courage and wisdom. And that means, in theory at least, each line should begin with the same call. God grant me serenity. God grant me courage. God grant me wisdom. Of course, to spell this out by repeating the petition in each line would be pedantic and would take away from the beautiful poetry of the prayer. But it is important to remember that we are asking for all three attributes.

The prayer only works if we receive all three attributes together. There is no point in receiving serenity or courage or wisdom only. What is the point of having serenity to accept the things I cannot change if I don't know how to figure what that is? If I yield with serenity to the things I can change then I have made a wrong decision and I have allowed something to exist or to grow that should not be allowed to. And that happens in life. We accept things we should never accept.

How much energy and effort have we wasted in life resisting what we cannot change? Think of all the lost peace we have suffered through because we have incorrectly assessed that we have the power or the capacity to change what cannot change. Courage is great to have but if it is unwisely applied all we end up doing is exhausting ourselves. In that exhaustion we often find ourselves sufficiently "spent" so that we don't have the courage or the energy to change what we can change.

That means that wisdom to discern between the two, between what we can change and what we cannot change is probably the most important of the three. Being able to properly assess what it is that we are up against allows us to direct our attention and energy in the right direction. But of course, that is the challenge.

Knowing the difference. This is why we need God's collaboration in our lives to help us figure out what we are up against. Left to ourselves, we are probably going to get it wrong a lot of the time. We need a heavenly wisdom to guide us. On the other hand, even if we have heavenly wisdom to guide us but we don't have the serenity to accept the things we cannot change and we don't have the courage to change the things we can, what good is this wisdom? Wisdom, in itself, is kind of worthless unless it is accompanied by serenity and courage.

So we need all three. Which is why the Serenity Prayer is really a call to God for serenity, courage and wisdom. Seek and ask for them in unison. They belong together as a set. And that is how God will give them to us.

Your Friend in Christ,

Pastor Mark

**Join Us For
Board Game Café
Friday, June 12 & 26
7:30 - 11:30 pm
\$5 Admission for
UNLIMITED play
Snacks available for
purchase.**

TRILLIUM UNITED CHURCH

Our Mission: ***To awaken the Christ light in each other and shine it in the world!***

Pastor: Mark Rutledge
Parish Nurse: Sally White
CYMT: Brian Hershey, Alvey Saji
Nursery Teacher: Katherine Churchill
Office Administrator: Jo-Anne Hennig
Bookkeeper: Mandy Townsend
Building Caretaker: Peter Bouktsis

450 King St. E., Cambridge, ON N3H 3M9

Telephone: 519-653-6601

Web: trilliumchurch.ca

Email: office@trilliumchurch.ca

Bookkeeper: trilliumfinances@gmail.com

You Tube: [youtube.com \(trilliumunitedchurch\)](https://youtube.com/trilliumunitedchurch)

SUMMER OFFICE HOURS:

Tuesday, 10am-3pm, Wednesday 11am-4pm,
Thursday, 10am-3pm

Our Vision: ***Faith in Bloom: Growing, Thriving,
Serving - Together in Christ***

Registered Charity #119197002RR001



Members of Church Council

- **Chairperson:** Bobbi Stewart
- **Secretary:** Vacant
- **Adult Spiritual Growth:** Ruth Thompson
- **Children & Youth Ministry:** Brian Hershey
- **Financial Liaison:** Kevin Uebele
- **Generosity:** Co-Chair - Pam Noël
- **Health & Wellness Team:** Ruth Thompson
- **Property:** Co-Chair - David Reed
- **Social Concerns & Outreach:** Brian Hershey
- **Staff:** Pastor Mark Rutledge, Interim Youth Pastor - Vacant

Other Teams

- **Agape Connections Team:** Selma Webster
- **Board of Trustees:** Paul Mundy
- **Generosity:** Co-Chair - Karen Atkinson
- **Health & Wellness Team:** Interim Chair - Sally White
- **Congregational Life:** Sally White
- **Ministry & Personnel:** Richard Beeksma, Dianne Grimm-Jennings & Linda Klassen
- **Prayer Chain:** Earlene Peshnak
- **Property:** Co-Chair - Steve Jennings
- **Social Concerns & Outreach:** Co-Chairs- Liz Reed & Brian Hershey
- **WOW:** Vacant

ROOTS & SPROUTS

ROOTS & SPROUTS is produced monthly from September to June by:

Trillium United Church

450 King Street E.

Cambridge, ON N3H 3M9

Editor: Jo-Anne Hennig

Send articles to: office@trilliumchurch.ca

The deadline for the next issue of *ROOTS & SPROUTS* is

August 24

The next issue will be available on September 3, 2026.